

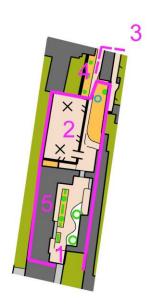
Final information for sprint

- Transport: buses from/to hotel
 - o driving time ca 30 minutes
 - Departure from the hotel: 15:00
 - O Departure from the assembly area: 19:00
 - Note: individual transport to the assembly area is NOT allowed
- Assembly area: Prostějov, Sportcentrum DDM
 - toilets, washing, changing rooms possibility
- Map: Zámek Prostějov
 - 1:4 000, E=2,0 m, ofset print, waterproof (in plastic bags)
 - Note: No previous map of competition area can be watched during the race!
- Courses:
 - M21, M18 (+M45, M55) 2,6 km, 21 controls, ca 10 m climbing
 - W21, W18 (+W45, W55) 2,2 km, 19 controls, ca 10 m climbing
 - Some control points can be used several times (see the scheme)
- Control description: available in the starting corridor (-2 minutes)
- Quarantine:
 - There will quarantine for all runners. The quarantine will end after the last runner's start.
- Time keeping: SportIdent
- Recommended shoes and clothes: running shoes 80 % asphalt roads,
 spike shoes are forbidden. Short sleeve and shorts are recommended
- SI reading: in the finish
- Refreshment: in the finish
- Cars and cyclists in the competition area:
 - o limited car traffic in the competition area. There is one minor road through competition area (see the map). There will be only three crossing points through this road. These crossing points will be guarded by police and organisers. It is not allowed to cross this road in the other places.
 - there are some cyclists roads through the area be careful!





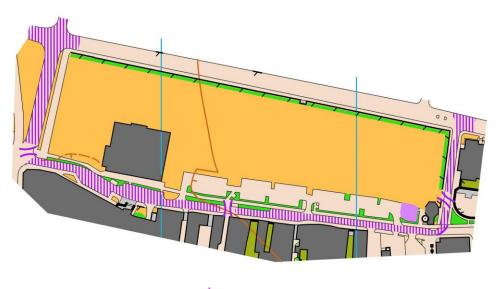
- 1 assembly arena
- 2 marked route from the finish
- 3 improvised bus stop for shuttle buses

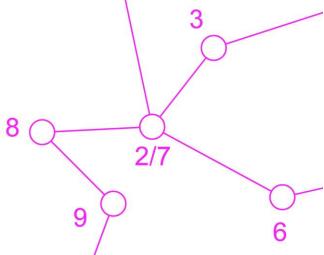


- 1 prestart
- 2 quarantine zone, warm-up zone (closed at 17:00)
- 3 arrival from the finish
- 4 warm-down zone, quarantine will end at 17:45
- 5 toilets, changing rooms









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