

Final information for relay

- Transport: buses from/to assembly area
 - Driving time ca 25 minutes
 - Departure time from the hotel: 8:30
 - O Departure time from the assembly area: 14:15
 - Note: individual transport to the assembly area is NOT allowed
- Assembly area: meadow near ZOO Olomouc, Svatý Kopeček
 - o toilets, washing, changing rooms (tents) possibility
- Map: Andělský kopec
 - 1:10 000, E=5,0 m, laser print, PRETEX paper (waterproof)
 - Note: No previous map of competition area can be watched during the race!
- Courses:
 - Women (Women Juniors) 4,6-4,8 km, 15 controls, 130 m climbing
 - Men (Men Juniors) 6,1-6,3 km, 20 controls, 210 m climbing
 - there is a compulsory spectators' leg with two spectators' control points (No. 100 and 101) which are not accessible for runners
 - the leg to the first spectators' control is the same as the leg to the last control
 - that means first spectators' control point is the same as the last control point
 - o there is a compulsory legs' junction on the meadow
 - spectators' leg is to the left, leg from the last control point is straight towards the changeover zone
 - please see the pictures below
- Control description: printed on the map
- Start:
 - mass start for first leg:
 - Women: 10:20
 - Men: 10:00
- Exchange system: hand touch between incoming and outcoming runners
- Running map delivery to the runners:

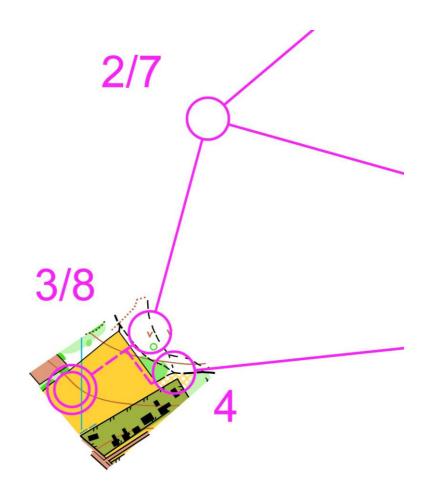


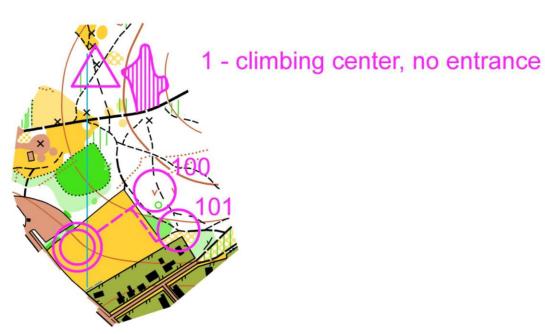
- There will be clear and check stations just before the map handout tents and competitors are asked to ensure that their race bibs are clearly visible before they enter the tents. The maps will be labelled with the leg and team number. It is the competitor's responsibility to check that they have been given the correct map as labelled. Maps will be sealed and any attempt to see the map before the start will render the competitor's team liable to disqualification
- Time keeping: SportIdent
- Recommended shoes and clothes: Orienteering shoes are recommended, spike shoes are allowed. Short sleeve and long trousers are also recommended.
- Be careful about insects.
- SI reading: in the finish
- Refreshment: in the finish
- Climbing centre: close to the spectators/last control No. 100 is situated a climbing centre which is forbidden to access. Area of this climbing centre is printed in the map and border of this area is marked in the terrain with red-white tape.
- Cars and cyclists in the competition area: No traffic at all



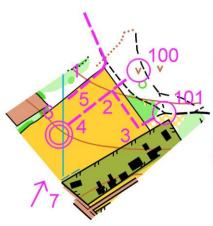












- 1 marked route to the map start
- 2 compulsory legs' junction
- 3 spectatrors' leg
- 4 marked route from the last control to the finish
- 5 changeover area
- 6 toilets, changing place (tents)
- 7 arrival from the shuttle buses

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