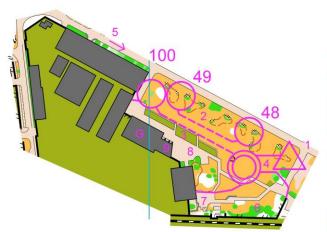


Final information for sprint relay

- Transport: only compulsory common pedestrian transport
 - o walking distance 900 m ca 15 minutes
 - Meeting point in the hotel lobby at 9:00
 - Note: individual transport to the assembly area is NOT allowed
- Assembly area: Olomouc, Smetanovy sady, Výstaviště Flora, pavilion G
 - o toilets, washing, changing rooms possibility
- Map: Palmový skleník
 - 1:4 000, E=2,0 m, laser print, PRETEX paper (waterproof)
 - Note: No previous map of competition area can be watched during the race!
- Courses:
 - Women 1st and 4th leg 2,2 km, 18 controls, ca 10 m climbing
 - Men 2nd and 3rd leg 2,4 km, 21 controls, ca 10 m climbing
- Control description: printed on the map
- Quarantine:
 - There will quarantine for 3rd and 4th leg runners. All these runners have to be in quarantine at 10:10 at the latest. There will be toilet in the quarantine area, also water for refreshment. Coaches can follow their runners to this area, but if they leave after 10:10 they cannot return
- Exchange system: hand touch between incoming and outcoming runners
- Running map delivery to the runners:
 - There will be clear and check stations just before the map handout tents and competitors are asked to ensure that their race bibs are clearly visible before they enter the tents. The maps will be labelled with the leg and team number. It is the competitor's responsibility to check that they have been given the correct map as labelled. Maps will be sealed and any attempt to see the map before the start will render the competitor's team liable to disqualification
- Time keeping: SportIdent



- Recommended shoes and clothes: running shoes, orienteering shoes (when wet), spike shoes are not forbidden, but not recommended. Short sleeve and shorts are recommended
- SI reading: in the finish
- Refreshment: in the finish
- Cars and cyclists in the competition area:
 - no traffic but there are some cyclist roads through the competition area – be careful!



- 1 map start
- 2 spectators' leg
- 3 route from the last control to the finish
- 4 changeover area
- 5 organised arrival to the competition area
- 6 quarantine zone for 3rd and 4th legs (entrance closed at 10:10)
- 7 WC in quarantine zone
- 8 area for spectators, warm-up zone for 1st and 2nd legs, warm-down zone
- 9 toilets
- G pavilion G of Flora Olomouc, changing rooms

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